

# Your Next Outdoor Activity Adventure



# Ready for Action ?

Whether it's climbing, canoeing or caving, our outdoor activity centre is the perfect setting for day or residential trips. Set in a 340-acre nature reserve, Parc Bryn Bach offers a range of activities for children of all ages and abilities where they can learn through outdoor learning and gain a sense of achievement not all can find in the classroom.

Our round robins include a variety of activities both on-site and off-site which are inclusive to all abilities.

These include:

## On-site:

- Bush craft
- Climbing wall
- Canoeing
- Kayaking
- Sit-on-top kayaks
- The Cave
- Go-karts
- Raft building and team building activities
- SUP and tiki boarding

## Off-site:

- Caving
- SUP
- Walking
- Gorge walking
- Mountain biking



Fun aside, our aim is to empower children with skills that will assist them in their day-to-day lives, to challenge their personal ability, make them think creatively as a team and individually and improve their communication skills. The multi-activity experience will not only provide positive memories but help improve their physical health and mental wellbeing by being outdoors and part of a beautiful, natural landscape.

Our activities run each year between May and September and cater for Year 4 and above. Please note that activities may change and are weather dependent. Visits include two activities in the morning and afternoon (however if SUP is undertaken this would be one activity only). For day activity bookings, a packed lunch is provided. For residential trips, breakfast and evening meals are provided in addition to lunch.

We support school groups with programmes which are bespoke to your requirements. Each programme has its own course coordinator, and your outcomes are discussed and agreed before your visit.



# Stay with us

Set within our visitor centre the park now hosts a 35-bed bunkhouse; split across nine rooms, two floors and includes accessible rooms suitable for all abilities. Residential trips can cater for up to 60 children with accommodation including a camping experience for those not staying in the bunkhouse.

The bunkhouse has been furnished to quality standards to ensure your stay is very comfortable.



Guests will have access to a spacious dining and seating area which provides amazing panoramic views of the lake.

We take security seriously. Our gates are closed at night and access information will be provided on arrival to enable visitors to enter and leave at their convenience. We have overnight security at the park for additional peace of mind.



# A little about us

Aneurin Leisure Trust was established in 2014 as a charitable organisation to run the leisure and learning services across Blaenau Gwent.

As a not-for-profit organisation it means that every time you use one of our venues or services, the money you spend is reinvested back into our organisation, helping us to continue to provide a high standard of facilities and services.

Parc Bryn Bach is a local nature reserve which, alongside the many activities available to enjoy, we provide a play area, sensory garden and wellbeing workhub, all free of charge.



## Meet our instructors



**Steven Hughes**  
(Facility Manager)



**Hywel Diplock**  
(Instructor)



**Robert Edwards**  
(Instructor)



**David Williams**  
(Outdoor Activities  
Duty Manager)



**Luke Enoch**  
(Instructor)



**Cath Parker**  
(Instructor)

All of our instructors are experienced and qualified to the highest standards:



For more information or to make a booking please contact us at [parcbrynbach.co.uk/contact](http://parcbrynbach.co.uk/contact) and select the activities drop-down on the enquiry form or call us on 01495 355920.